



Allies in Internal Medicine (AIM)

Mobile Veterinary IM Specialists

Bringing Insight Onsite

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HOW TO PREPARE YOUR PATIENTS FOR NASAL WORKUP/RHINOSCOPY:

Please help us prepare your patients for a successful and safe rhinoscopy by:

1. Ensuring that the patient is fasted (no food) for 12 hours prior to the consultation appointment with the internal medicine specialist. Water is allowed until 4 hours before the appointment time. Access to water should be withdrawn 4 hours before the appointment time. **Please review with the owner.**
2. Please ensure that the following tests have been performed on the patient within the 14 days that precede the appointment with the internal medicine specialist and that you have forwarded these results for review by the internal medicine specialist:
 - a) Coagulation Panel (PT & PTT)
 - b) Full blood panel (general blood panel if <7 years or geriatric blood panel if >7 years old) and urinalysis
 - c) Cryptococcus titer (call us if you are unsure if this is indicated)
3. If there is a history of any known bleeding tendencies, anesthetic complications or cardiac or respiratory disease please let us know the details.
4. If you have performed recent nasal/sinus radiographs under general anesthetic/sedation or chest radiographs please be sure to let us know what date they have been done and have them available for review when we arrive to do the rhinoscopy.
5. Please be aware that a CT of the nasal passages and sinuses is the preferred method of imaging of the nasal cavity and sinuses before rhinoscopy. CT is far superior to radiographic imaging and greatly enhances diagnostic capability. CT/rhinoscopy can be performed under the same anesthetic if the patient is referred to a multi-specialty hospital. If you are requesting a rhinoscopy only (without consultation with our IM specialist first) please ensure to inform your clients that going to a full-service specialty hospital for assessment of their pet's nasal disease is the ideal approach. If this is not an option then we are happy to be able to provide the next best method of assessment with nasal radiographs and complete rhinoscopy and oropharyngeal exam at your hospital. Alternatively please offer your clients the option to have a consultation in person with our internal medicine specialist at your hospital. Then if they want we may be able to refer for an out-patient CT scan followed by rhinoscopy at your practice.